



My name is Katrina Wilkins. Chances are, you don't know me, but I'd like to tell you about my experience with the Class IV K-Laser at Rosquist Clinic.

The first time I met Dr. Rosquist, I had come to ask him about the large, red, blistering rash that had been developing on the right side of my torso and back. The rash started in the middle of my chest, just under the right breast, and followed my ribs all the way around my side, to my spine in back. The doctor took one look at it and confirmed my

suspicions: shingles. He said it was one of the most severe cases he'd ever seen.

When I asked what we could do for the infection, Dr. Rosquist answered without hesitating, "The laser is the best treatment I know of for shingles." With that kind of confidence, how could I help but agree?

The laser therapy started immediately; there was no need to wait, and Dr. Rosquist let me know that we could continue the treatments as often and as long as necessary. We did two to three treatments a week, and within five treatments the shingles were almost completely gone. After six, I couldn't even tell they had been there. The treatments took about 20 minutes each and were entirely painless; I felt nothing more than a warm sensation on my skin as the laser passed by. Now, a few months after contracting the shingles in the first place, I can barely tell they were ever there.

I am thankful every day that I chose to see Dr. Rosquist for my shingles instead of going to see a medical doctor. For many people with cases as severe as mine, shingles can last for weeks or months at a time before going away—sometimes a year or more—and the pain is excruciating during that time. Using the K-Laser, however, got rid of my shingles in a matter of days, and I'm able to get back to my everyday life and responsibilities. I recommend it without reserve to anyone suffering from shingles, and I won't hesitate to use laser therapy again for other conditions that may develop in future.